

EATTREAT



The goodies from olivetreetrading.com

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Olive Tree Trading: The Online Supermarket You Need To Bookmark

This online superstore (www.olivetreetrading.com) has our attention for its top quality serving

Words: Anum Mulla | Photography: Madishetty Manasa



At the Eat Treat test kitchen, sampling new products has become customary. And sometimes in the plethora of products we stumble upon a gem. When we find a keeper, we like to share the love. In the sea of online shopping offerings, we found the one website that has the healthy side of our souls jumping with joy. www.olivetreetrading.com hosts a variety of products that can be purchased online and ordered right to your doorstep. From jams and oils, to grains and preserves they have us covered. Oh and for the really extra healthy there is an entire vegan range of milk and tofu. This online gourmet store boasts of brands that are of supreme quality and here are a few of our top picks:

Olitalia Extra Virgin Olive Oil - There is no kitchen in the world that won't have at least some kind of olive oil. And while there are many great producers of this nutritious oil out there, the Olitalia Extra Virgin Olive Oil has been our winner. This oil, in all its unrefined glory is made from the



first cold press of organic olives, without the use of heat or chemicals and therefore naturally retains almost all of the nutrients of the olives. We cooked up some delicious recipes with this little wonder.

Cook Now:

- 1. Asparagus Salad with White Wine Vinaigrette
- 3. Muhammara Dip
- 4. Rocket Basil Pesto
- 5. Garlic Mushrrom Bulgur with Chickpeas

Olea Europaea Sundried Tomatoes in Olive Oil - We love our sundried tomatoes and we found the best for you. The Olea Europaea Sundried Tomatoes in Olive Oil, aside from being super delicious, have a distinct olive oil flavor that is hard to ignore. Pour some in your salad and you'll know what we mean. We added these sundried tomatoes to our Marinated Mozzarella and loved it.

Olea Europaea Capers – Did you know that capers are actually small flower buds of the capparis shrub? These small green heroes have a distinct flavour that adds character to any dish. We paired them with a traditional Chicken Schnitzel and it added a whole new taste to the meal.

Morinaga Soymilk Firm Tofu – If you love tofu as much as we do, this is your man. This firm tofu was of great quality and really did well in our Tofu Cashew Stir-Fry.

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